# PSYCHOLOGY SEMESTER -I

## **GENERAL PSYCHOLOGY-I**

### **AUTHORS**

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## **BRIEF CONTENT**

#### Unit – I:

- A. Psychology as Science:
- B. The Emergence, development and decline of the Schools of Psychology. Basic and Applied Fields of Psychology.

#### Unit - II:

- A. Biological Basis of Behaviour:
- B. Nervous System

### Unit – III:

- A. Perceptual Process:
- B. Perceptual experiences

#### Unit – IV:

- A. Learning: Nature and definition of Learning Experimental approaches
- B. Brief discussion of learning theories

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## **DETAILED CONTENT**

#### Unit - I:

- A. Psychology as Science: Definition, Nature, Scope and Aims of Psychology Historical Origins -The rise of Experimental Psychology.
- B. The Emergence, development and decline of the Schools of Psychology. Basic and Applied Fields of Psychology. Methods of Study Observation method, Experimental method, Survey and Case study method.

#### Unit – II:

- A. Biological Basis of Behaviour: Genetic perspective Chromosomes, DNA, Genes Dominant Recessive Genes Principle. The Evolutionary Perspective Natural Selection The Environmental perspective Principle of learning Nature and Nurture controversy.
- B. Nervous System: Basic unit and divisions of Nervous system Localization of brain functions. Endocrine System: Pituitary, Adrenaline, Thyroid, Parathyroid, Gonads and Pancreas. Receptors, Connectors, Effects and Adjuster mechanisms. Sensory process Senses and sensory organs, general characteristics of Senses and Sensory thresholds, Subliminal Perception, Signal Detection Theory.

#### Unit - III:

- A. Perceptual Process: Relationship between sensation and perception, Approaches to perception Gestalt, information Processing approach, the Cognitive approach, Integrative approach.
- B. Perceptual experiences Visual space perception, Perceptual constancies; Perceptual movement. Errors in perception, Perceptual Defence and Vigilance, Factors influencing perception Learning, motivation, values and socio economic status, culture and perception.

#### Unit – IV:

- A. Learning: Nature and definition of Learning Experimental approaches to learning Connectionist and Cognitive
- B. Brief discussion of learning theories, Pavlov, Thorndike, Skinner, Hull, Tolman and Miller. Measurement in learning and learning curves Transfer of training of education and transfer, experimental analysis of transfer of training, stimulus and response similarly. Motor and verbal learning Motor skills, distribution of practice, warm, up, patterns of movement &

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